

## Which Prenatal Care is Best?



**Jessica Densmore, CNM** believes that group prenatal care through the Centering Pregnancy® model will have superior patient satisfaction and improved outcomes compared to traditional individual prenatal care. Through the **Prenatal Care Evaluation Study** she and her Womens Health colleagues are studying this hypothesis to compare traditional individual prenatal care to the group model. This research study was “conceived” as an extension of a recent grant award to Women’s Health from the March of Dimes to expand CMC/DHK’s Centering Pregnancy® program. Since that grant requires the collection of data regarding prenatal patient demographics, health status, satisfaction, and outcomes, Jessica decided to collect similar data on patients participating in traditional prenatal care for comparison. The study final results are expected in about two years.