



**INSULIN ABBREVIATIONS**

**NovoLog (Insulin Aspart) = A**  
 Humalog (Lispro Insulin) = H  
**NPH=** N  
 Regular= R  
**UltraLente=** U  
 Lente= L  
**Lantus (Glargine)= LAN**  
 70/30 = 70/30  
 75/25 = 75/25

**BLOOD GLUCOSE LOG**

Name: \_\_\_\_\_  
 D.O.B.: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Provider: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Fax: \_\_\_\_\_

Date	Breakfast		Lunch		Dinner		Bedtime	Comments: changes in diet or activity, stress, illness, ketones, hypoglycemia, etc.
	Before	2 hours after	Before	2 hours after	Before	2 hours after		

**PLEASE LIST DIABETES MEDICATION AND DOSE ON THIS SHEET! (INSULIN AND ORAL MEDS) PLEASE CALL IF BS <70**

**NAME AND DOSAGE OF DIABETIC MEDICATION:**