INSULIN ABBREVIATIONS
NovoLog (Insulin Aspart) = A
Humalog (Lispro Insulin) = H
NPH= N
Regular= R
UltraLente= U
Lente= L
Lantus (Glargine)= LAN
70/30 = 70/30
75/25 = 75/25

Cheshire Medical Center
Dartmouth-Hitchcock

BLOOD GLUCOSE LOG

Name: ______________________________ Provider: ___________________________

D.O.B.: _____________________________ Phone: ___________________________

Phone:__________________Fax: _________ Fax: ___________________________

Date	**Breakfast** Before	2 hours after	**Lunch** Before	2 hours after	**Dinner** Before	2 hours after	**Bedtime**	Comments: changes in diet or activity, stress, illness, ketones, hypoglycemia, etc.

PLEASE LIST DIABETES MEDICATION AND DOSE ON THIS SHEET! (INSULIN AND ORAL MEDS) PLEASE CALL IF BS <70

NAME AND DOSAGE OF DIABETIC MEDICATION:

dietary 4/18/05